

# **Senior Citizens and Technology**

## **Subtitle: HELP!**

Presented by Marty Troum  
[www.troumconsulting.com](http://www.troumconsulting.com)

This enlightening and entertaining session looks at the impact of current technologies on the senior citizen population and vice versa. It answers the four questions...

1. What is the current reality in the world of senior citizens and technology?
2. How did we get here?
3. What should we do about it, if anything?
4. What's it look like?

Answers to question 1 examine the world in which we live and the impact of technology on the lives of our senior citizens and their families, now and in the future.

Answers to question 2 show, in easily understood laymen's terms, the history of the digital revolution and give the participants a simple glossary to better understand and communicate about today's technology.

Answers to question 3 reveal the many alternatives available to senior citizens as they are impacted by this "new world" of ever-changing technology.

Answers to question 4 are live demonstrations of technology that is currently available and affecting all of us, in one way or another (smartphones, tablets, computers).

The final portion of this session is devoted to participants' questions and comments.